Quantitative Data

North London Cares and South London Cares Evaluation

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Introduction

This document contains some of the data referenced in 'The Cares Family Evaluation – Final Report'. This data seeks to highlight some of the areas where there is a relationship between attending North London Cares and South London Cares and the responses given to the outcome survey questions. However, in some areas the patterns in the data are less clear. Sharing these figures in this way seeks to highlight some of the challenges to evaluating and measuring these areas.

This document details only some of the data gathered and analysed as part of The Cares Family evaluation. If you would like to request access to the full data set, please contact Renaisi.

Descriptive statistics

Survey respondents

Social Clubs

	North London Cares	*South London Cares*
Older neighbours	133	150
Younger neighbours	86	69
Total	**219**	**219**

Love Your Neighbour

	North London Cares	*South London Cares*
Older neighbours	9	9
Younger neighbours	10	17
Total	**19**	**26**

Demographic data – Social clubs

Gender

	Older neighbours	*Younger neighbours*
Male	28%	8%
Female	68%	82%
Prefer not to say	1%	1%
No response	2%	8%

Age

	Older neighbours	*Younger neighbours*
18 - 30	0%	25%
31 - 39	0%	27%
40 - 49	0%	5%
50 - 59	0%	2%
60 - 69	16%	3%
70 - 79	41%	0%
80+	27%	0%
No Response	16%	38%

Ethnicity

	Older neighbours	*Younger neighbours*
White	58%	86%
Black/African/Caribbean/Black British	24%	4%
Asian/Asian British	12%	2%
Mixed/multiple ethnic groups	3%	7%
Prefer not to say	3%	1%

Length of time living in London

	Older neighbours	*Younger neighbours*
Under 5 years	2%	33%
Between 5 and 20 years	10%	42%
Between 20 and 60 years	51%	14%
More than 60 years	34%	1%
I don't live in London	2%	11%

Type of contact with The Cares Family

	Older neighbours	*Younger neighbours*
Attended social clubs	98%	95%
Visits at home	8%	16%
I am waiting to be matched with a younger/older neighbour	3%	14%
I received help from The Cares Family as part of the Winter Wellbeing project	7%	1%
I don’t recall	1%	1%
Other	5%	17%

Length of time engaged with The Cares Family

	Older neighbours	*Younger neighbours*
Less than 6 months	13%	3%
Between 6 months and a year	13%	19%
Between 1 year and 2 years	20%	32%
More than 2 years	52%	45%
No response	1%	1%

Frequency of contact with The Cares Family

	Older neighbours	*Younger neighbours*
Once a week or more	30%	9%
More than once a month	40%	33%
About once a month	16%	30%
About every other month	4%	10%
About once every three months	3%	6%
About once or twice a year	1%	6%
I have only ever had contact with The Cares Family once	6%	4%
No response	1%	1%

Demographic data – Love Your Neighbour

Gender

	Older neighbours	*Younger neighbours*
Male	17%	4%
Female	83%	93%
Prefer not to say	0%	0%
No response	0%	4%

Age

	Older Neighbour	*Younger Neighbour*
18 - 30	0%	26%
31 - 39	0%	15%
40 - 49	0%	4%
50 - 59	0%	0%
60 - 69	0%	0%
70 - 79	17%	0%
80+	83%	0%
No response	0%	56%

Type of engagement with The Cares Family

	Older neighbours	*Younger neighbours*
Attended social clubs	28%	44%
Visits at home	100%	100%
I am waiting to be matched with a younger/older neighbour	0%	0%
I received help from The Cares Family as part of the Winter Wellbeing project	6%	0%
I don't recall	0%	4%
Other	0%	7%

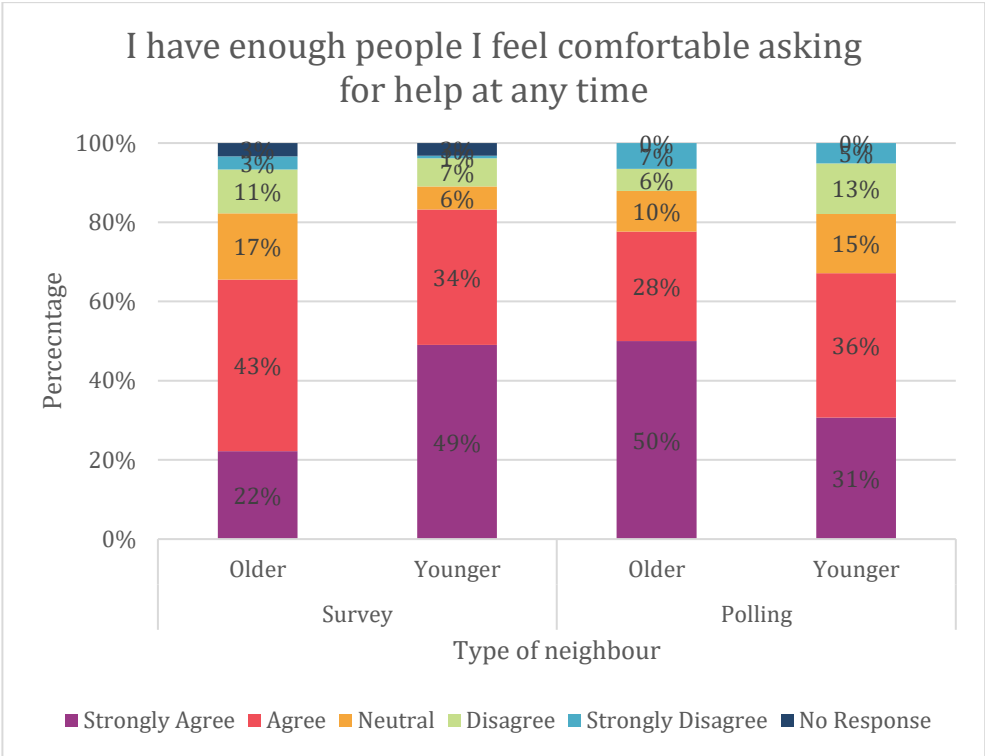
Length of engagement with The Cares Family

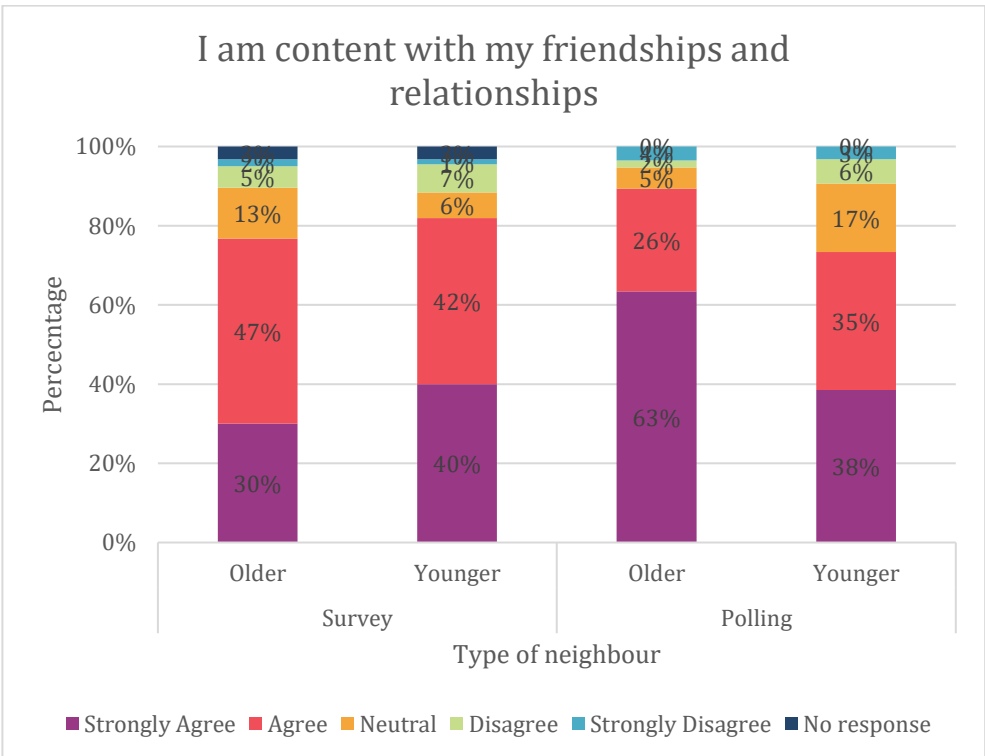
	Older Neighbour	*Younger Neighbour*
Less than 6 months	0%	0%
between 6 months and a year	0%	19%
Between 1 year and 2 years	28%	30%
More than 2 years	72%	52%
No response	0%	0%

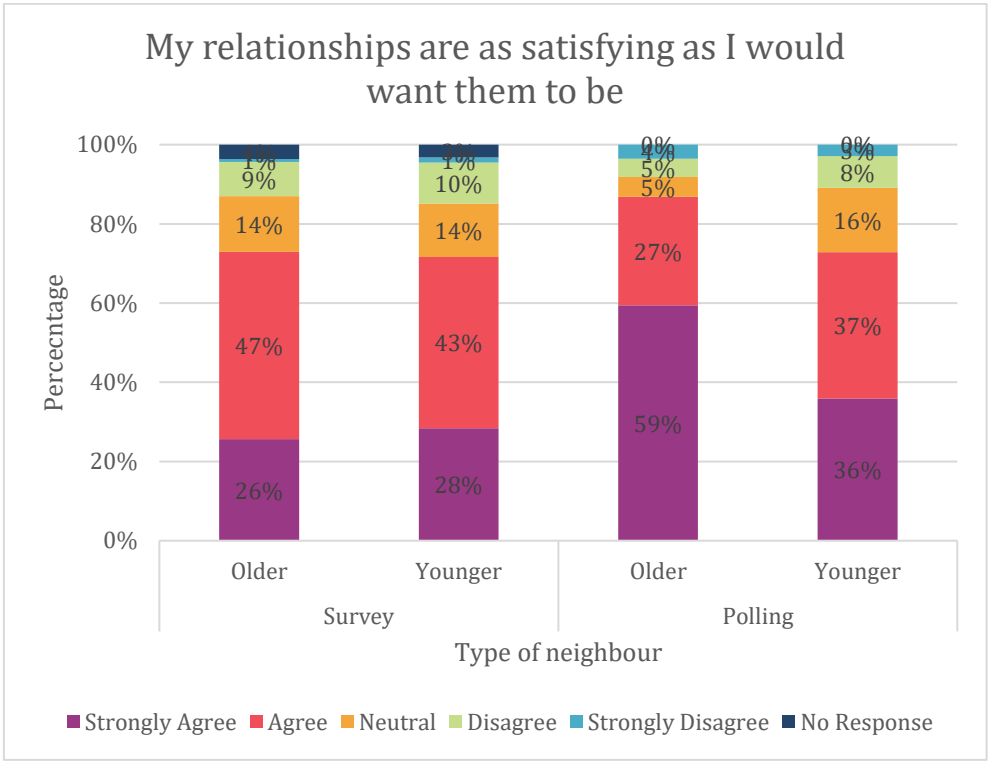
Outcomes: Quantitative data for Social Clubs

Reduced isolation and loneliness

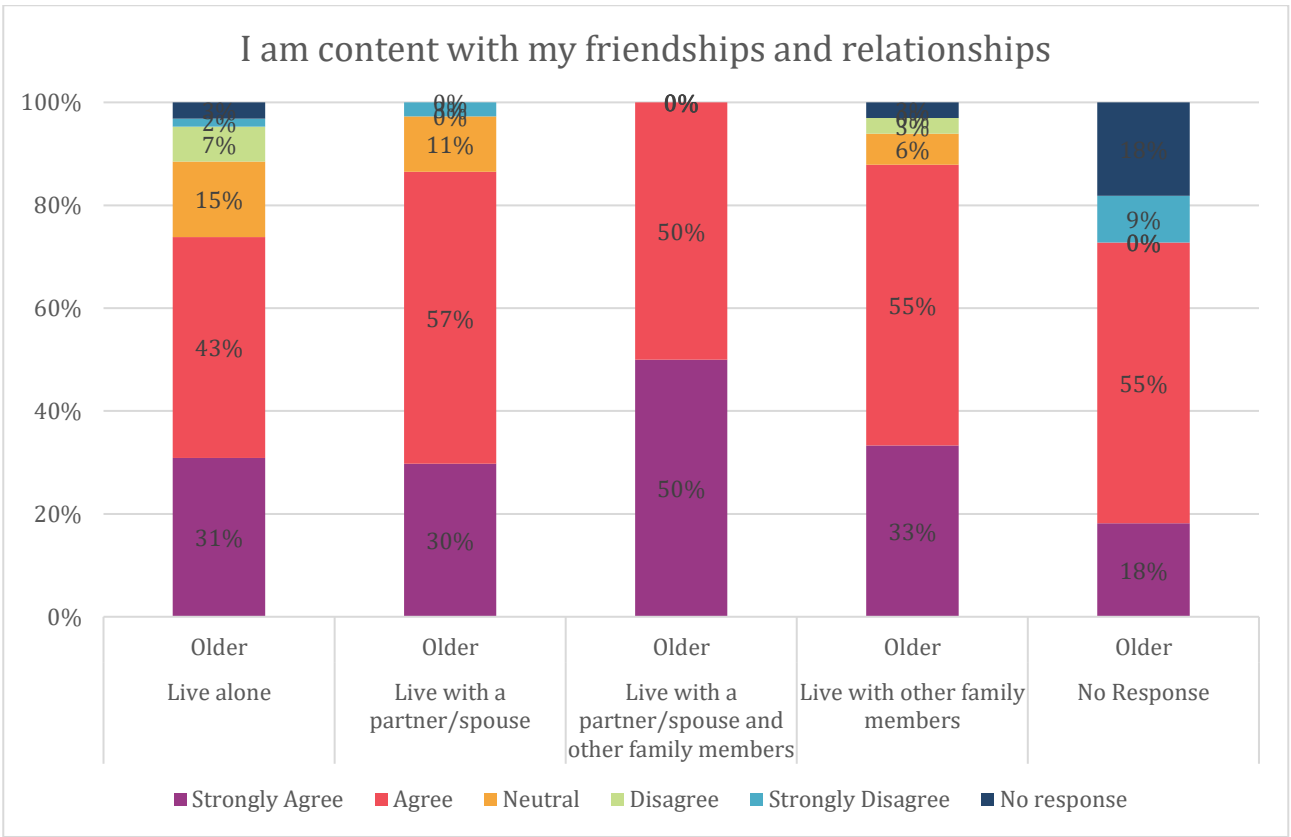
Younger and older neighbours – comparison to polling

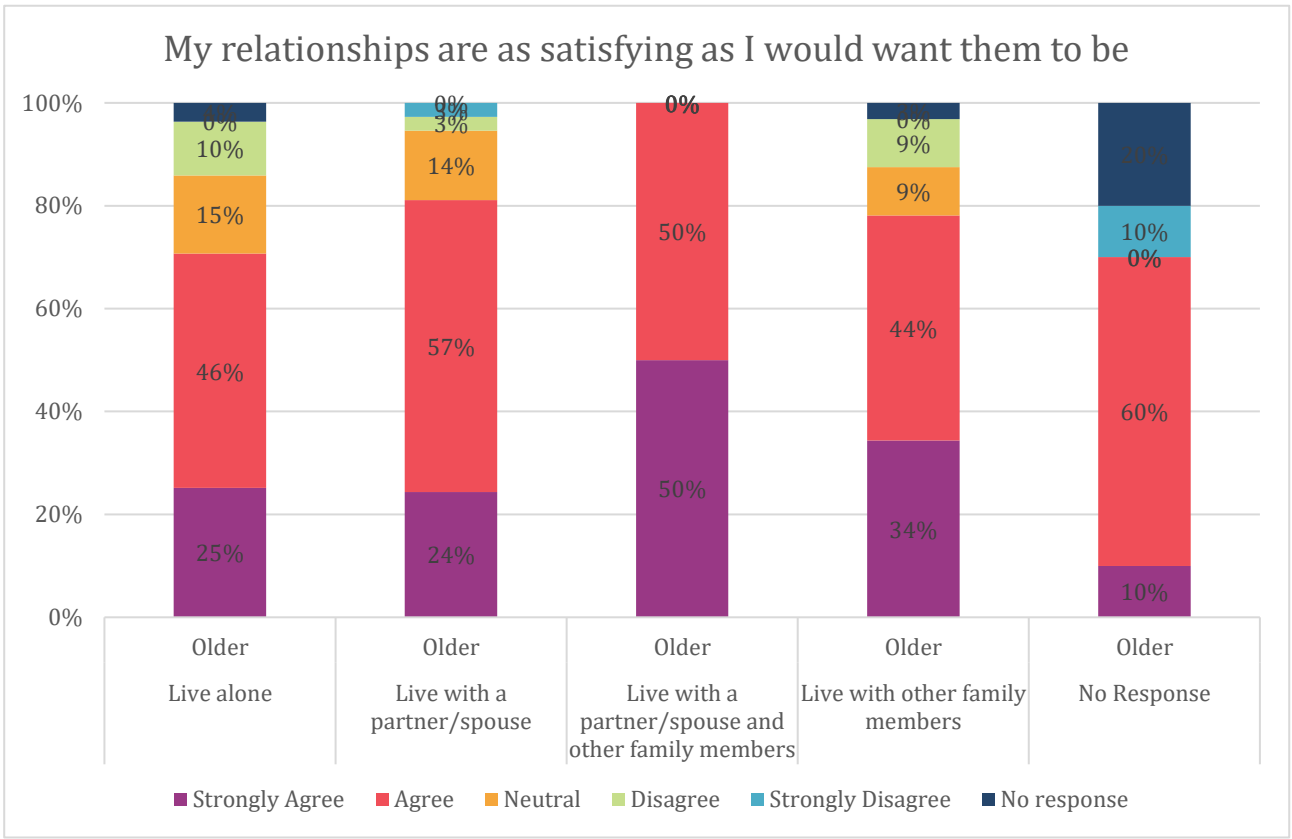




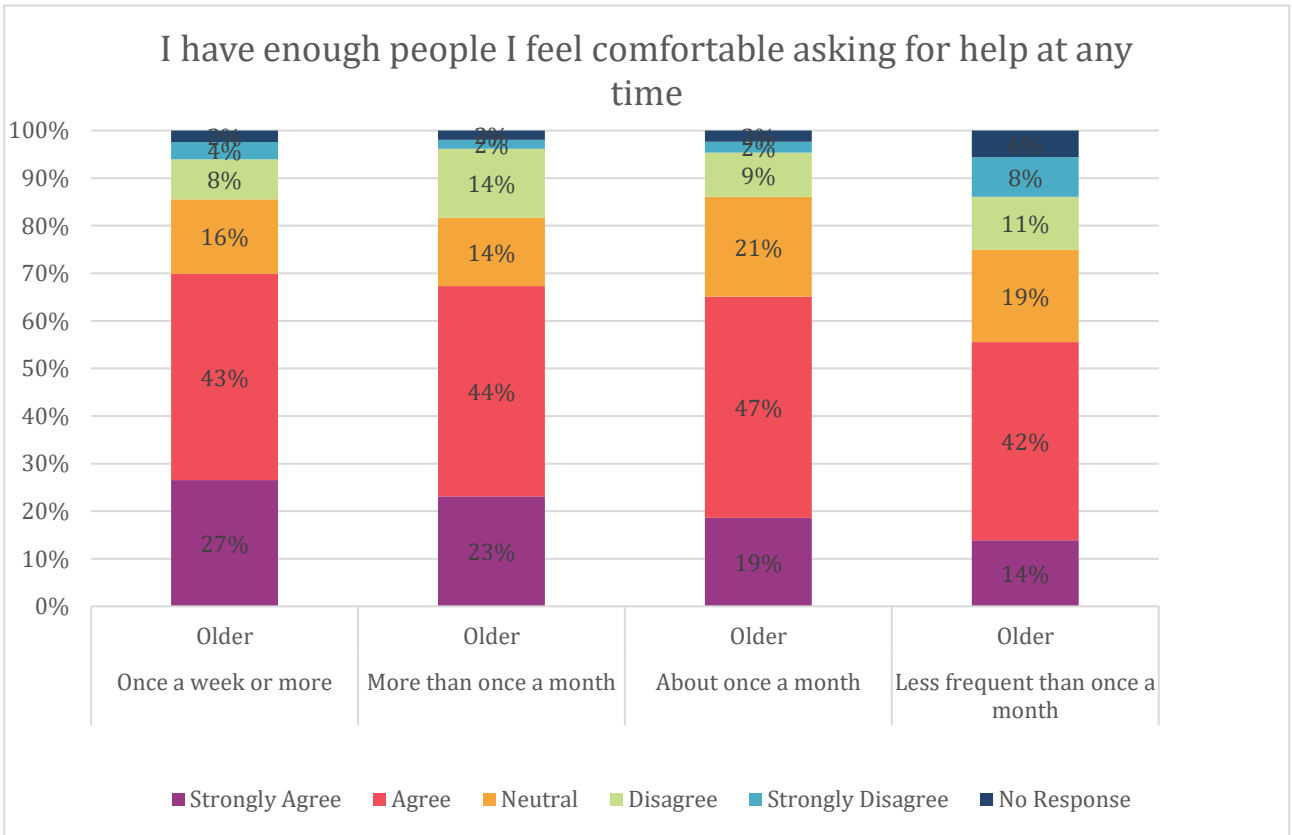


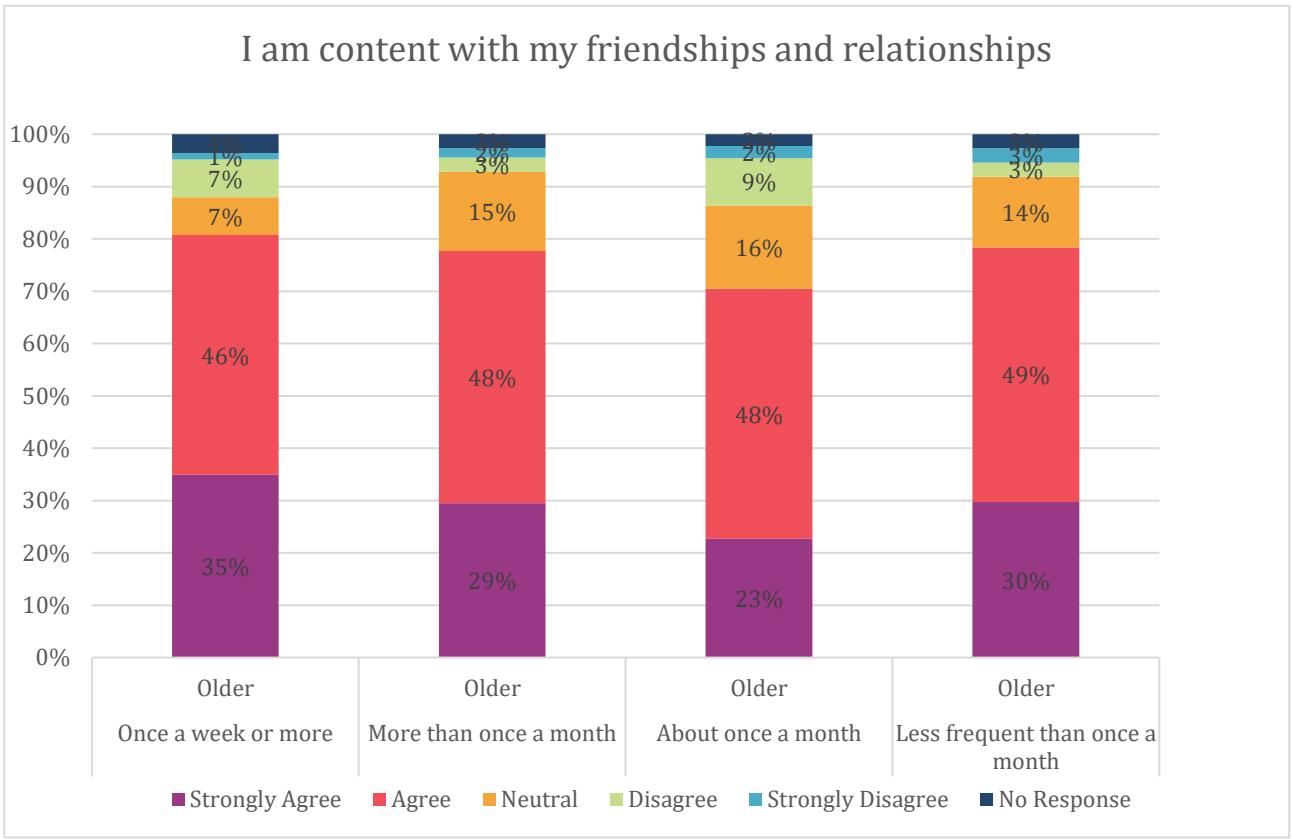
Older neighbours – by living situation

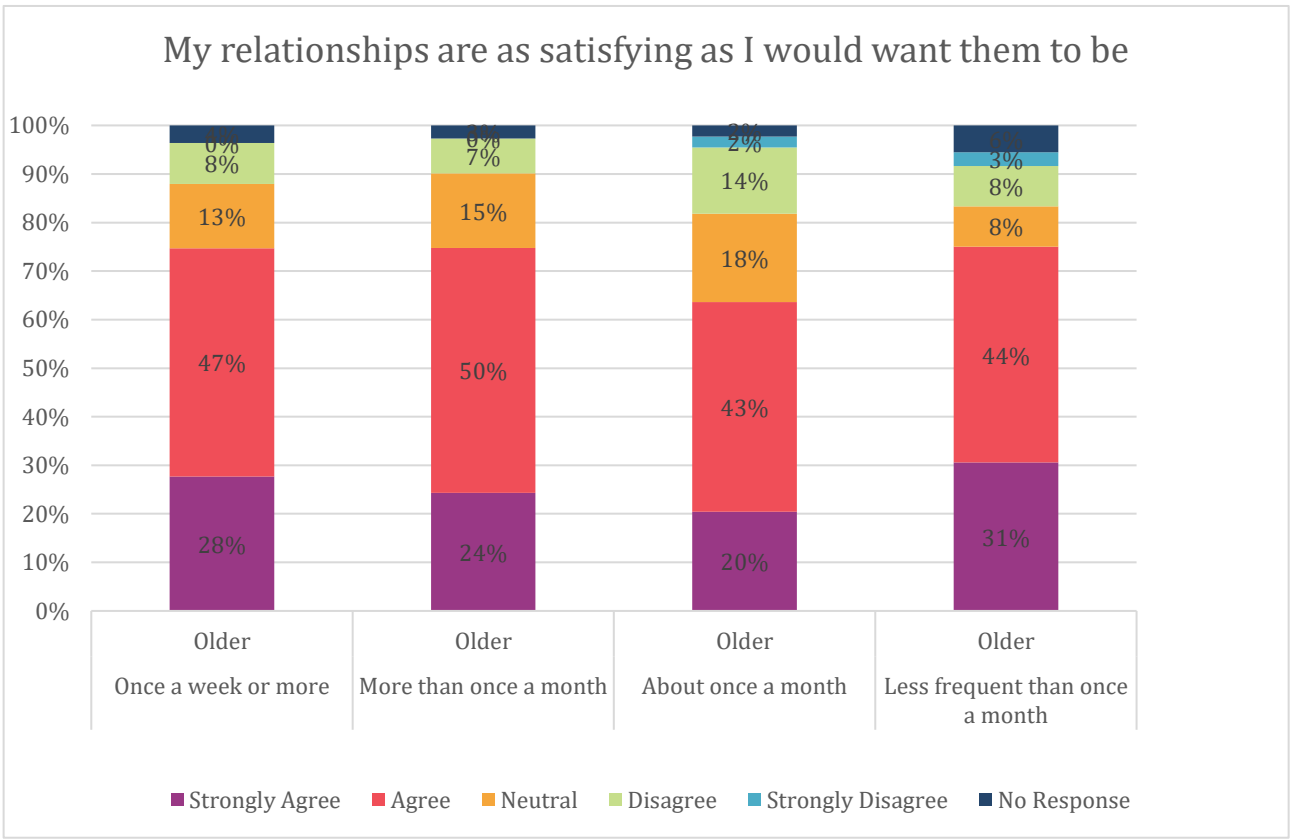




Older neighbours – frequency of interaction




I am content with my friendships and relationships
100%
90%
80%
70%
60%
50%
40%
30%
20%
10%
0%
35%
46%
7%
7%
1%
29%
48%
15%
3%
3%
23%
48%
16%
9%
2%
30%
49%
14%
3%
3%
Older
Once a week or more
Older
More than once a month
Older
About once a month
Older
Less frequent than once a month
Strongly Agree
Agree
Neutral
Disagree
Strongly Disagree
No Response

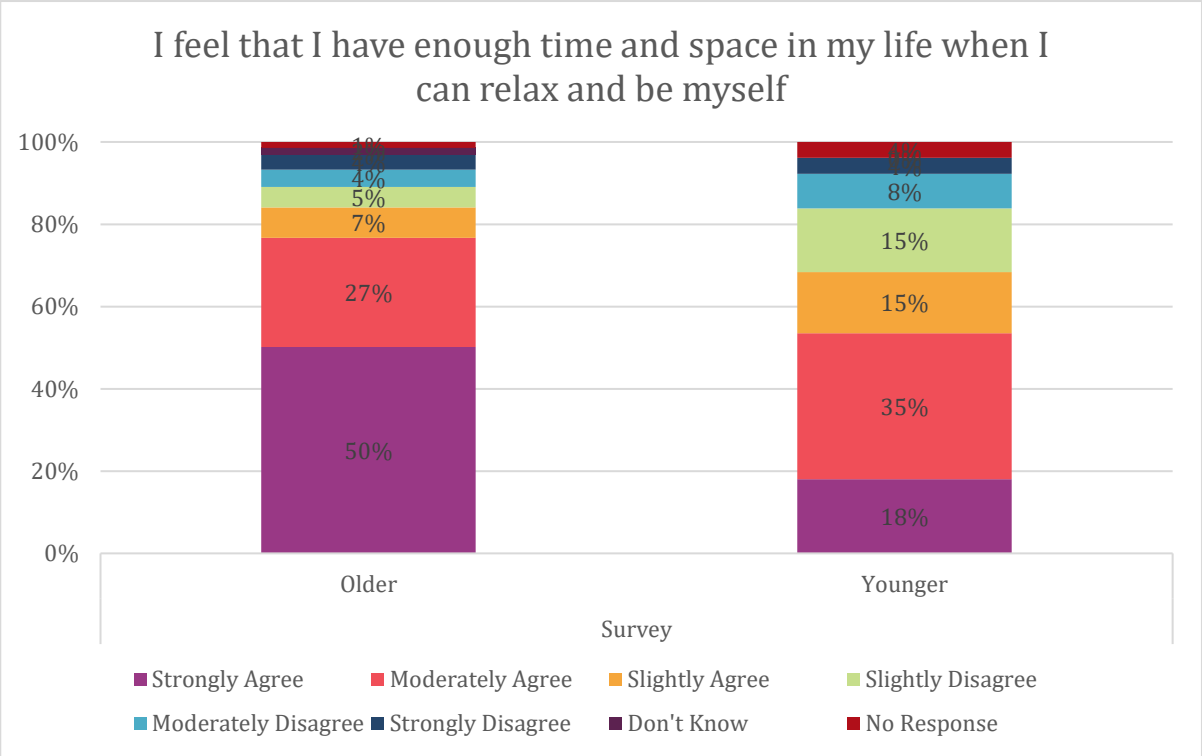

My relationships are as satisfying as I would want them to be
100%
90%
80%
70%
60%
50%
40%
30%
20%
10%
0%
28%
47%
13%
8%
24%
50%
15%
7%
20%
43%
18%
14%
2%
31%
44%
8%
8%
3%
Older
Once a week or more
Older
More than once a month
Older
About once a month
Older
Less frequent than once a month
Strongly Agree
Agree
Neutral
Disagree
Strongly Disagree
No Response

Older Neighbours - loneliness score by intensity of interaction

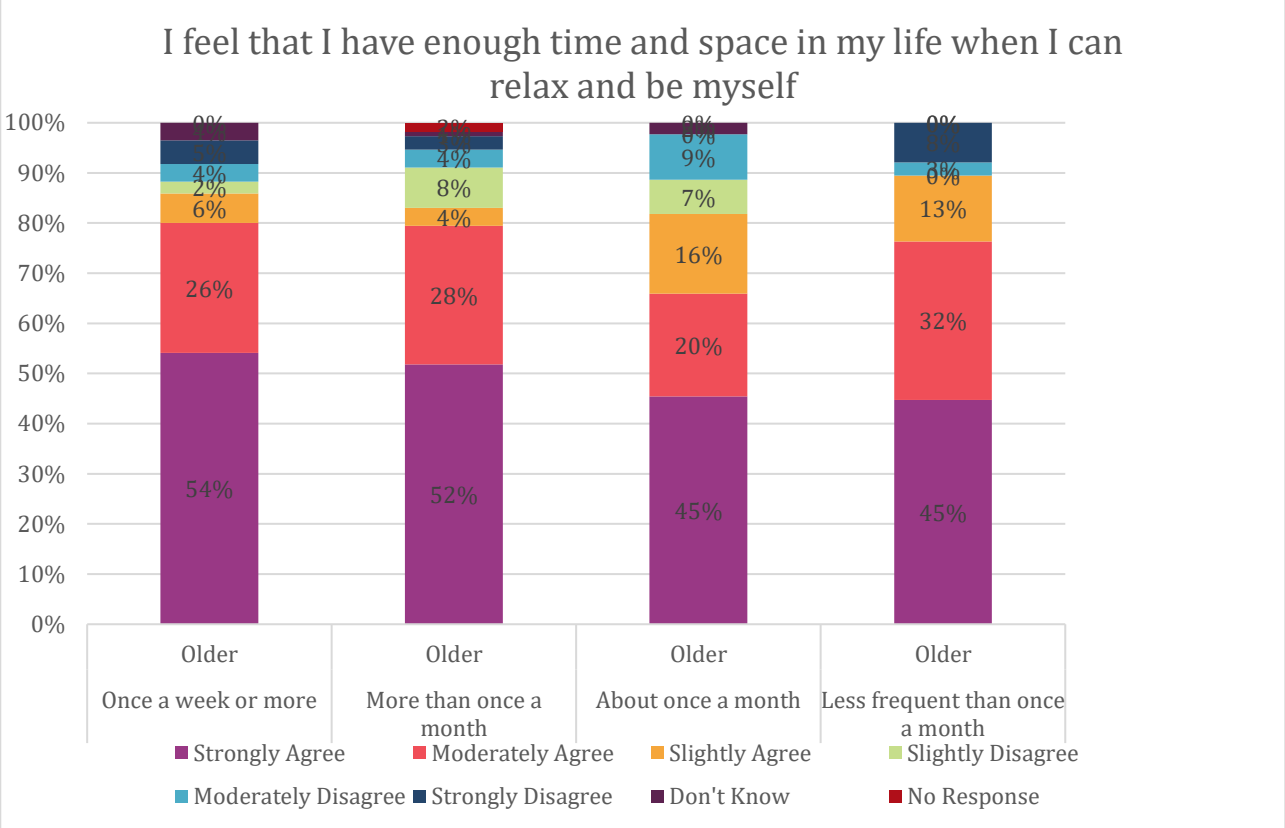
Engagement	*Average loneliness score* *0= least lonely, 12=most lonely*
Once a week or more (n=85)	2.99
More than once a month (n=112)	3.24
About once a month (n=44)	3.79
Less frequently than once a month (n=38)	3.63

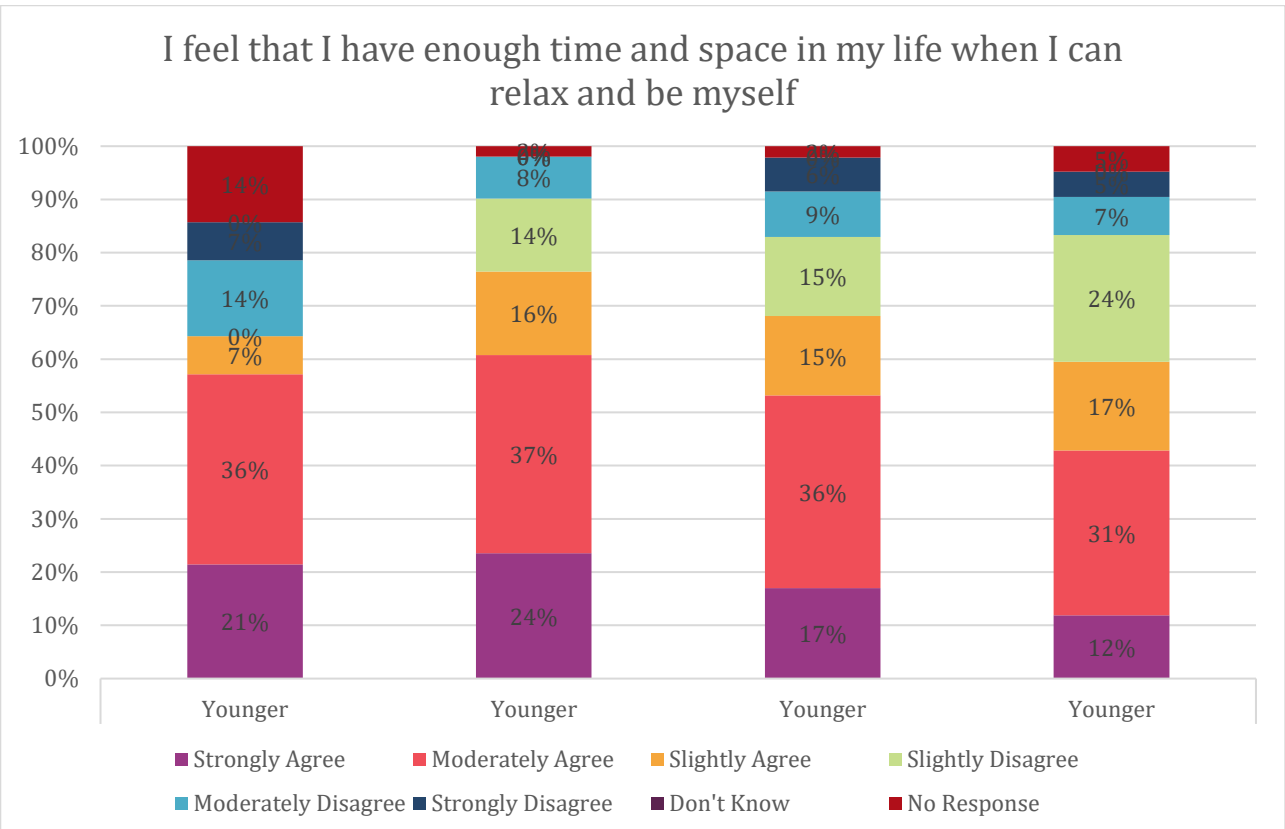
Increased connection to themselves

Comparison of older and younger neighbours



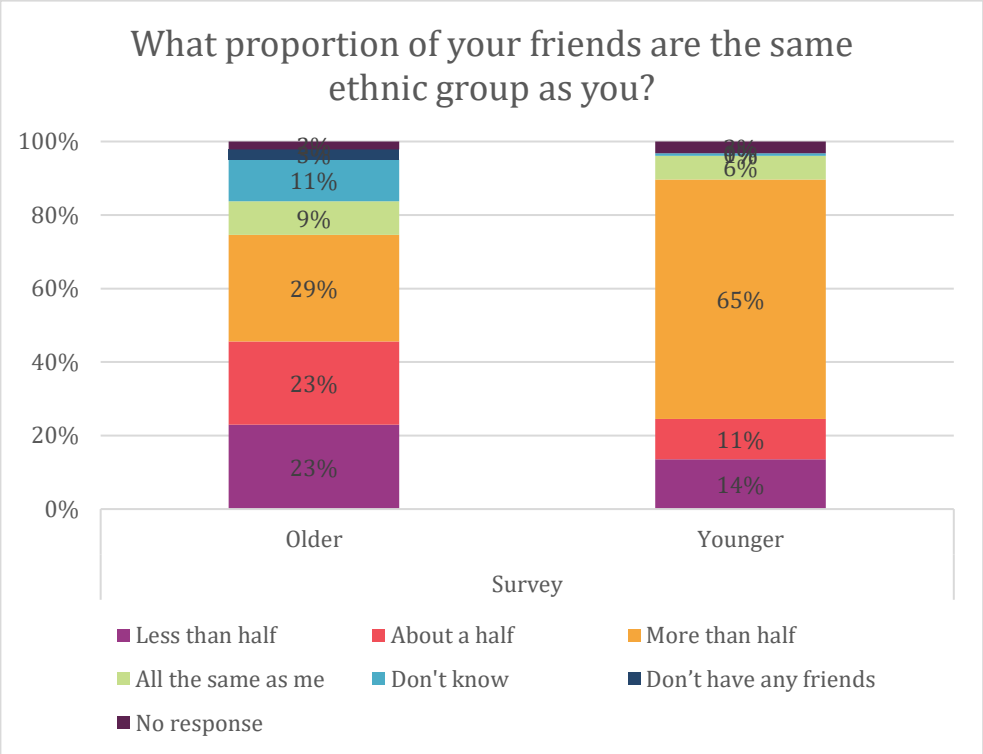
Older and younger neighbours – frequency of interactions

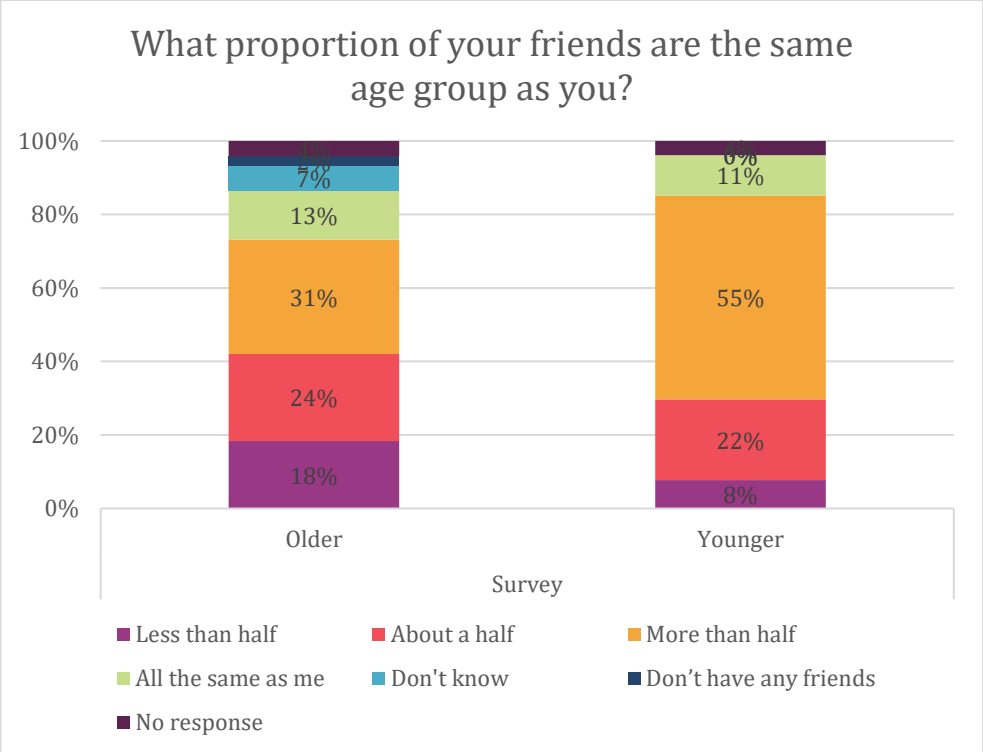


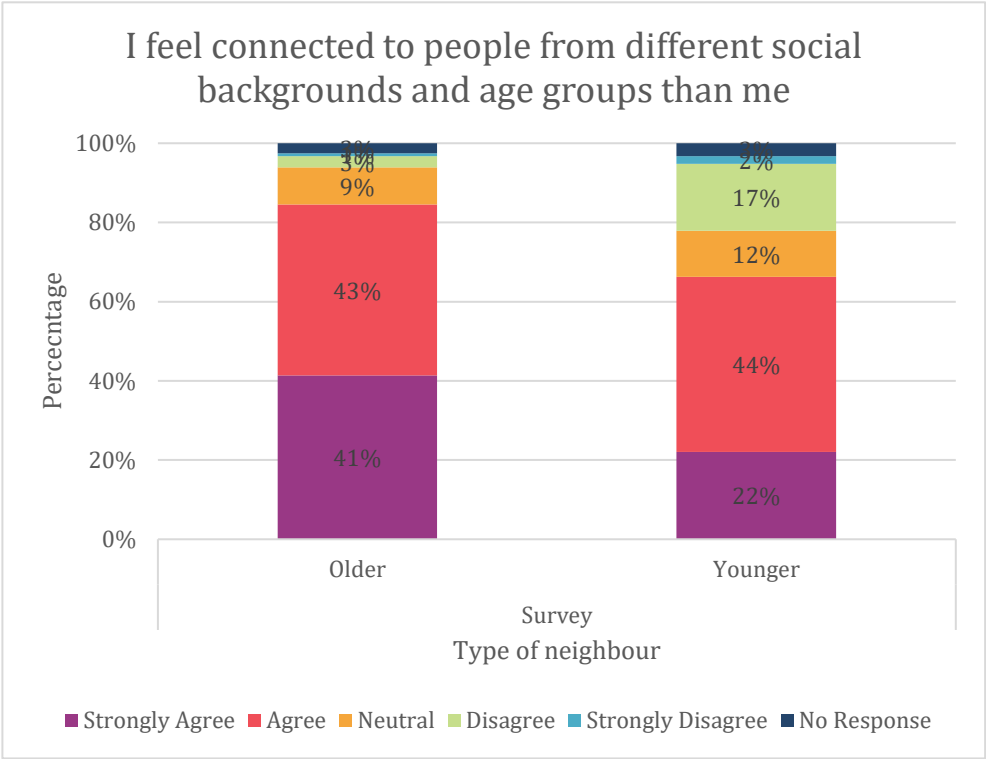


Improved understanding across divides

Comparison of older and younger neighbours





Increased sense of belonging to intergenerational group

Comparison of older and younger neighbours