Quantitative Data

North London Cares and South London Cares Evaluation

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Introduction

This document contains some of the data referenced in 'The Cares Family Evaluation – Final Report'. This data seeks to highlight some of the areas where there is a relationship between attending North London Cares and South London Cares and the responses given to the outcome survey questions. However, in some areas the patterns in the data are less clear. Sharing these figures in this way seeks to highlight some of the challenges to evaluating and measuring these areas.

This document details only some of the data gathered and analysed as part of The Cares Family evaluation. If you would like to request access to the full data set, please contact Renaisi.

Descriptive statistics

Survey respondents

Social Clubs

	North London Cares	*South London Cares*
Older neighbours	133	150
Younger neighbours	86	69
Total	**219**	**219**

Love Your Neighbour

	North London Cares	*South London Cares*
Older neighbours	9	9
Younger neighbours	10	17
Total	**19**	**26**

Demographic data – Social clubs

Gender

	Older neighbours	*Younger neighbours*
Male	28%	8%
Female	68%	82%
Prefer not to say	1%	1%
No response	2%	8%

Age

	Older neighbours	*Younger neighbours*
18 - 30	0%	25%
31 - 39	0%	27%
40 - 49	0%	5%
50 - 59	0%	2%
60 - 69	16%	3%
70 - 79	41%	0%
80+	27%	0%
No Response	16%	38%

Ethnicity

	Older neighbours	*Younger neighbours*
White	58%	86%
Black/African/Caribbean/Black British	24%	4%
Asian/Asian British	12%	2%
Mixed/multiple ethnic groups	3%	7%
Prefer not to say	3%	1%

Length of time living in London

	Older neighbours	Younger neighbours
Under 5 years	2%	33%
Between 5 and 20 years	10%	42%
Between 20 and 60 years	51%	14%
More than 60 years	34%	1%
I don't live in London	2%	11%

Type of contact with The Cares Family

	Older neighbours	Younger neighbours
Attended social clubs	98%	95%
Visits at home	8%	16%
I am waiting to be matched with a younger/older neighbour	3%	14%
I received help from The Cares Family as part of the Winter Wellbeing project	7%	1%
I don't recall	1%	1%
Other	5%	17%

Length of time engaged with The Cares Family

	Older neighbours	Younger neighbours
Less than 6 months	13%	3%
Between 6 months and a year	13%	19%
Between 1 year and 2 years	20%	32%
More than 2 years	52%	45%
No response	1%	1%

Frequency of contact with The Cares Family

	Older neighbours	Younger neighbours
Once a week or more	30%	9%
More than once a month	40%	33%
About once a month	16%	30%
About every other month	4%	10%
About once every three months	3%	6%
About once or twice a year	1%	6%
I have only ever had contact with The Cares Family once	6%	4%
No response	1%	1%

Demographic data – Love Your Neighbour

Gender

	Older neighbours	*Younger neighbours*
Male	17%	4%
Female	83%	93%
Prefer not to say	0%	0%
No response	0%	4%

Age

	Older Neighbour	*Younger Neighbour*
18 - 30	0%	26%
31 - 39	0%	15%
40 - 49	0%	4%
50 - 59	0%	0%
60 - 69	0%	0%
70 - 79	17%	0%
80+	83%	0%
No response	0%	56%

Demographic data – Love Your Neighbour

Type of engagement with The Cares Family

	Older neighbours	*Younger neighbours*
Attended social clubs	28%	44%
Visits at home	100%	100%
I am waiting to be matched with a younger/older neighbour	0%	0%
I received help from The Cares Family as part of the Winter Wellbeing project	6%	0%
I don't recall	0%	4%
Other	0%	7%

Length of engagement with The Cares Family

	Older Neighbour	*Younger Neighbour*
Less than 6 months	0%	0%
between 6 months and a year	0%	19%
Between 1 year and 2 years	28%	30%
More than 2 years	72%	52%
No response	0%	0%

Outcomes: Quantitative data for Social Clubs

Reduced isolation and loneliness

Younger and older neighbours – comparison to polling

I have enough people I feel comfortable asking for help at any time

Strongly Agree ● Agree ● Neutral ● Disagree ● Strongly Disagree ● No Response

I am content with my friendships and relationships

Strongly Agree ● Agree ● Neutral ● Disagree ● Strongly Disagree ● No response

My relationships are as satisfying as I would want them to be

Legend: Strongly Agree, Agree, Neutral, Disagree, Strongly Disagree, No Response

X-axis: Older / Younger (Survey), Older / Younger (Polling) — Type of neighbour
Y-axis: Percecntage

Survey Older: Strongly Agree 26%, Agree 47%, Neutral 14%, Disagree 9%, No Response 1%
Survey Younger: Strongly Agree 28%, Agree 43%, Neutral 14%, Disagree 10%, Strongly Disagree 1%
Polling Older: Strongly Agree 59%, Agree 27%, Neutral 5%, Disagree 5%, Strongly Disagree 0%
Polling Younger: Strongly Agree 36%, Agree 37%, Neutral 16%, Disagree 8%, Strongly Disagree 0%

Older neighbours – by living situation

I am content with my friendships and relationships

Legend: Strongly Agree, Agree, Neutral, Disagree, Strongly Disagree, No response

Older – Live alone: Strongly Agree 31%, Agree 43%, Neutral 15%, Disagree 7%, Strongly Disagree 2%
Older – Live with a partner/spouse: Strongly Agree 30%, Agree 57%, Neutral 11%, Strongly Disagree 0%
Older – Live with a partner/spouse and other family members: Strongly Agree 50%, Agree 50%, 0%
Older – Live with other family members: Strongly Agree 33%, Agree 55%, Neutral 6%, Disagree 3%
Older – No Response: Strongly Agree 18%, Agree 55%, Neutral 0%, Strongly Disagree 9%, No response 18%

My relationships are as satisfying as I would want them to be

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	No response

Older / Live alone: Strongly Agree 25%, Agree 46%, Neutral 15%, Disagree 10%, No response 0%

Older / Live with a partner/spouse: Strongly Agree 24%, Agree 57%, Neutral 14%, Disagree 3%, Strongly Disagree 0%

Older / Live with a partner/spouse and other family members: Strongly Agree 50%, Agree 50%, 0%

Older / Live with other family members: Strongly Agree 34%, Agree 44%, Neutral 9%, Disagree 9%, 0%

Older / No Response: Strongly Agree 10%, Agree 60%, 0%, Strongly Disagree 10%, No response 20%

Older neighbours – frequency of interaction

I have enough people I feel comfortable asking for help at any time

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	No Response

Older / Once a week or more: Strongly Agree 27%, Agree 43%, Neutral 16%, Disagree 8%, Strongly Disagree 4%, 2%

Older / More than once a month: Strongly Agree 23%, Agree 44%, Neutral 14%, Disagree 14%, Strongly Disagree 2%, 2%

Older / About once a month: Strongly Agree 19%, Agree 47%, Neutral 21%, Disagree 9%, Strongly Disagree 2%, 2%

Older / Less frequent than once a month: Strongly Agree 14%, Agree 42%, Neutral 19%, Disagree 11%, Strongly Disagree 8%, 6%

I am content with my friendships and relationships

	Older Once a week or more	Older More than once a month	Older About once a month	Older Less frequent than once a month
No Response	1%	3%	3%	2%
Strongly Disagree	1%	3%	2%	3%
Disagree	7%	3%	9%	3%
Neutral	7%	15%	16%	14%
Agree	46%	48%	48%	49%
Strongly Agree	35%	29%	23%	30%

Legend: Strongly Agree · Agree · Neutral · Disagree · Strongly Disagree · No Response

My relationships are as satisfying as I would want them to be

	Older Once a week or more	Older More than once a month	Older About once a month	Older Less frequent than once a month
No Response				
Strongly Disagree	0%	0%	2%	
Disagree	8%	7%	14%	3%
Neutral	13%	15%	18%	8%
Agree	47%	50%	43%	8%
Strongly Agree	28%	24%	20%	44%

Legend: Strongly Agree · Agree · Neutral · Disagree · Strongly Disagree · No Response

Older Neighbours - loneliness score by intensity of interaction

Engagement	Average loneliness score 0= least lonely, 12=most lonely
Once a week or more (n=85)	2.99
More than once a month (n=112)	3.24
About once a month (n=44)	3.79
Less frequently than once a month (n=38)	3.63

Increased connection to themselves

Comparison of older and younger neighbours

I feel that I have enough time and space in my life when I can relax and be myself

Older: Strongly Agree 50%, Moderately Agree 27%, Slightly Agree 7%, Slightly Disagree 5%, Moderately Disagree 4%, Strongly Disagree 1%

Younger: Strongly Agree 18%, Moderately Agree 35%, Slightly Agree 15%, Slightly Disagree 15%, Moderately Disagree 8%, No Response 4%

Legend: Strongly Agree, Moderately Agree, Slightly Agree, Slightly Disagree, Moderately Disagree, Strongly Disagree, Don't Know, No Response

Older and younger neighbours – frequency of interactions

I feel that I have enough time and space in my life when I can relax and be myself

(Older neighbours by frequency of interaction)

	Older – Once a week or more	Older – More than once a month	Older – About once a month	Older – Less frequent than once a month
Strongly Agree	54%	52%	45%	45%
Moderately Agree	26%	28%	20%	32%
Slightly Agree	6%	4%	16%	13%
Slightly Disagree	2%	8%	7%	0%
Moderately Disagree	4%	4%	9%	0%
Strongly Disagree				
Don't Know	0%	2%	0%	0%
No Response				

Legend: Strongly Agree, Moderately Agree, Slightly Agree, Slightly Disagree, Moderately Disagree, Strongly Disagree, Don't Know, No Response

I feel that I have enough time and space in my life when I can relax and be myself

(Younger neighbours by frequency of interaction)

	Younger	Younger	Younger	Younger
Strongly Agree	21%	24%	17%	12%
Moderately Agree	36%	37%	36%	31%
Slightly Agree	7%	16%	15%	17%
Slightly Disagree	0%	14%	15%	24%
Moderately Disagree	14%	8%	9%	7%
No Response	14%	0%		

Legend: Strongly Agree, Moderately Agree, Slightly Agree, Slightly Disagree, Moderately Disagree, Strongly Disagree, Don't Know, No Response

Improved understanding across divides

Comparison of older and younger neighbours

What proportion of your friends are the same ethnic group as you?

Older:
- Less than half: 23%
- About a half: 23%
- More than half: 29%
- All the same as me: 9%
- Don't know: 11%
- No response: 3%

Younger:
- Less than half: 14%
- About a half: 11%
- More than half: 65%
- All the same as me: 6%

Legend:
- Less than half
- About a half
- More than half
- All the same as me
- Don't know
- Don't have any friends
- No response

What proportion of your friends are the same age group as you?

Older:
- Less than half: 18%
- About a half: 24%
- More than half: 31%
- All the same as me: 13%
- Don't know: 7%

Younger:
- Less than half: 8%
- About a half: 22%
- More than half: 55%
- All the same as me: 11%
- No response: 6%

Legend:
- Less than half
- About a half
- More than half
- All the same as me
- Don't know
- Don't have any friends
- No response

Increased sense of belonging to intergenerational group

Comparison of older and younger neighbours

I feel connected to people from different social backgrounds and age groups than me