



SOUTH LONDON CARES

March 2020

Below is a list of our **free** Social Clubs in Southwark and Lambeth for people aged 65 and above. All our events are hosted by young people who want to meet you and hear your stories. Share your skills and learn new ones, all while making new friends in your community.

Tuesday 3rd March, 6-8pm: Pub Club – Kennington

The Old Red Lion, 42 Kennington Park Road, SE11 4RS

Come on in for a refreshing drink, catch up with old pals and make some new ones at our monthly pub club. Swap stories and jokes over a tippie, and raise a glass to new friendships. Enoch will be running this club. Please let us know if you'd like to attend on 0207 118 0404, as places are limited.

Train: Kennington (2-minute walk)

Bus: 133, 415, 333, 155 (get off at Penton Place)

Wednesday 4th March, 10:30am-12pm: Ballroom & Latin Dancing – West Norwood: *The British Home, Crown Lane, SW16 3JB*

Get grooving and finesse your Ballroom and Latin steps with Vera the Diva. Expect some light exercise, plenty of fun and some new moves to show your pals. People of all abilities are welcome, absolutely no experience necessary! Olivia will be running this club. Please call us on 0207 118 0404 to let us know if you would like to attend.

Bus: 417, 249, 468, 196 (get off at Crown Lane or Crown Point). Please note, you'll need to enter via the large door at the front of the building.

Call us on 0207 118 0404 for more information.

Thursday 5th March, 6-8pm: Film Club – Elephant & Castle:

Draper Hall, 1 Howell Walk, SE1 6TL

Join us for our monthly film club in Elephant and Castle where we'll be watching a film called '*The Invention Of Lying*'. Imagine a world where lying doesn't exist and everyone has to tell the truth, all of the time. That's the world that main character Mark Bellison lives in, a failing writer who develops the ability to bend the truth, changing his life forever. Enoch will be running this club. Please call us on 0207 118 0404 to let us know if you would like to attend.

Train: Elephant & Castle

Bus: 133, 155, 196, 333, 415 (get off at Newington Butts). Look out for the black gate on Hampton Street (next to the Santander Bike stands), on the junction with Newington Butts.

Please note: the film will start 15 minutes after the start time to allow time for tea and snacks. Any latecomers will be served tea and coffee during the break.

Saturday 7th March, 11:30am-1:30pm: St Patrick's Day Party! - Brixton

Moorlands Community Centre, 50a Corry Drive, SW9 8QT

Don your best green clothes for our St Patrick's Day celebrations! Adorn yourself with shamrocks and four leaf clovers to celebrate the patron saint of Ireland. Enoch will be running this club. Call us on 0207 118 0404 to let us know if you would like to attend.

Bus: P5, get off at Loughborough Park/Elvenden House, just off Somerleyton Road next to Coldharbour Lane. Head down the pathway with the Corry Drive sign. The venue is a 1-minute walk straight ahead, next to a small shop.

Monday 9th March, 2:30pm-4pm: Chair Yoga - Blackfriars,

John Marshall Hall, Christ Church Southwark, 27 Blackfriars Road, SE1 8NY

Join us for some light exercise and calming breathing at a yoga club that is perfect for beginners. Expect some gentle stretching as well as plenty of time for a warming cup of tea and a chat. Olivia will be running this club. Please call 0207 118 0404 to let us know if you would like to attend.

Train: Southwark

Bus: 40, 63 (get off at Stamford Street) Look out for a red brick church, and head down the left-hand side for the church hall entrance.

Call us on 0207 118 0404 for more information.

Tuesday 10th March, 11am-12.30pm: Brunch Club – Peckham

Peckham Pelican, 92 Peckham Road, SE15 5PY

Join your neighbours for a scrumptious brunch at the Peckham Pelican. Come along for a cup of tea, a slice of cake and some great chat in this welcoming corner of Peckham. Enoch will be running this club. Please call 0207 118 0404 to let us know you would like to attend.

Train: Peckham Rye (10-minute walk)

Bus: 345, 12, 36, 171, 436 (get off at Peckham Road/ Southampton Way) Look out for a black shop front under Pelican House).

**Tuesday 10th March, 6:30-8pm: Quiz Club, International Women's Day–
Walworth**

Darwin Court, 1 Crail Row, Walworth, SE17 1AD

Put your knowledge to the test and find a good use for all those facts at our monthly quiz club. Team up with your neighbours and laugh your way to victory at this evening of fun and games. Olivia will be running this club. Please call us on 0207 118 0404 to let us know if you would like to come.

Train: Elephant and Castle (take the 136/343 to Balfour Street)

Bus: 136, 343 (get off at Balfour Street).

Wednesday 11th March, 6-7:30pm: Choir – Peckham

St James Church Hall, 45 Elm Grove, SE15 5DD

Join your neighbours for a joyful evening of singing, with no experience necessary! **Please note**, when you arrive, walk through the small gate to the left of the church on Elm Grove and look out for the door with a big shell above it – we'll be there. Jasmin will be running this club. Please call us on 0207 118 0404 to let us know if you would like to attend.

Train: Peckham Rye

Bus: 12, 37, 63, 78, 197, 343, 363, P12, P13 (get off at Peckham Rye station – 3-minute walk) or 36, 136, 171, 345, 346 (get off at Peckham Library, 7-minute walk)

Call us on 0207 118 0404 for more information.

**Thursday 12th March, 6-8pm: Poster Making Workshop - Stockwell
Stockwell Centre, 1 Studley Road, SW4 6RA**

Come and share your best piece of life advice by creating a typographic print and decorate your very own poster! This workshop focuses on artwork that promotes optimism through positive messages. Volunteer Michelle, and Enoch, will be running this club and will provide the materials - no experience necessary! Please call us on 0207 118 0404 to let us know if you would like to attend.

Train: Stockwell

Bus: 2, 50, 155, 196, 333, 345, 88, P5 (get off at Stockwell station).

**Friday 13th March, 11:30-2pm: Gallery Exhibition & Afternoon Concert -
Waterloo**

Discover how trees have helped shape civilisation at one of London's most prestigious modern galleries. Afterwards, you'll have the chance to ponder the exhibition as we enjoy an afternoon music gig in the iconic Royal Festival Hall. **Please call us on 0207 118 0404 to put your name in the lottery.** We will draw names at random on **Friday 6th March** and only contact you if you've got a place. Enoch will be running this club.

**Tuesday 17th March, 6:30-8pm: Irish River Dance Workshop – West
Norwood: *The British Home, Crown Lane, SW16 3JB***

Put your dancing shoes on and transport your mind to Ireland as we immerse ourselves in the music of Riverdance. Master the moves of Michael Flatley and synchronise your steps with your neighbours in this toe-tapping dance workshop. Absolutely no experience necessary! And feel free to just come along for the show if you'd rather sit back and watch over a cuppa. Enoch will be running this club. Please call us on 0207 118 0404 to let us know if you would like to attend.

Bus: 417, 249, 468, 196 (get off at Crown Lane or Crown Point). Please note, you'll need to enter via the large door at the front of the building.

Call us on 0207 118 0404 for more information.

**Wednesday 18th March, 2-4pm: Technology Workshop - Vauxhall
Vauxhall Gardens Community Centre, 5 Glasshouse Walk, SE11 5ES**

Want to improve your confidence with your phone, tablet or laptop? Come along for a cuppa and bring your gadgets and technology-related questions with you! Enoch will be running this club. Please call us on 0207 118 0404 to let us know if you would like to attend.

Train: Vauxhall (5-minute walk)

Bus: 2, 36, 77, 87, 88, 156, 185, 196, 344, 360, 436, 452 (get off at Vauxhall Bus Station) Venue is a 5 min walk along Albert Embankment turning right onto Glasshouse Walk.

Wednesday 18th March, 6:30-8pm: South London Cares Art Sale - Private View - Brixton

Join your neighbours for an exclusive local art exhibition displaying work from 30 outstanding artists including twice Turner nominated Bruce McClean, Turner nominated Simon Patterson and other local and emerging artists. **Please call us on 0207 118 0404 to put your name in the lottery.** We will draw names at random on **Wednesday 11th March** and only contact you if you've got a place. Olivia will be running this club.

**Saturday 21st March 2:30-4:00pm: Technology Workshop – Herne Hill
Herne Hill United Church Hall, Half Moon Lane, Herne Hill, SE24 9JG**

Want to improve your confidence with your phone, tablet or laptop? Come along for a cuppa and bring your gadgets and technology-related questions with you! Olivia will be running this club. Please call us on 0207 118 0404 to let us know if you would like to attend.

Train: Herne Hill or North Dulwich (15- minute walk)

Bus: 37 (get off at Beckwith Road)

Please note the church hall is on the corner of Half Moon Lane and Beckwith Road and is not to be confused with the Baptist Church Hall that's close to Herne Hill train station.

Call us on 0207 118 0404 for more information.

Sunday 22nd March, 2-5pm: Film Club – Bermondsey

The Yalding Centre (AgeUK), 95 Southwark Park Road, SE16 3TY

Get your magic carpets ready and come on down to the deserts of Bermondsey to watch *'Aladdin'*. Experience the magic of the well loved story reimaged as a full length feature film. Enoch will be running this club. Please call us on 0207 118 0404 to let us know you're attending.

Train: Bermondsey (15-minute walk)

Bus: 1 (get off at Harris Academy/ Reverdy Road)

Please note: the film will start 15 minutes after the start time to allow time for tea and snacks. Any latecomers will be served tea and coffee during the break.

Monday 23rd March, 6:15-7:45pm: Script Reading – Camberwell

Camberwell Library, 48 Camberwell Green, SE5 7AL

Try out your acting skills at our script reading club in Camberwell. This month we'll be reading a British Classic adapted by A.A. Milne *'Toad of Toad Hall'*. Mr Toad, owner of Toad Hall, is irrepressible, generous and boastful, with lots of money and not much brain. Join Mole, Rat & Badger as they catch up with Toad and help him out of his latest antics. Enoch will be running this club. Please call us on 0207 118 0404 to let us know if you would like to attend, as spaces are limited.

Bus: 12, 35, 40, 42, 45, 171, 176, 185, 436, 36, 345, 484 (get off at Camberwell Green)

Tuesday 24th March, 6:30-8pm: Desert Island Discs– Walworth

Darwin Court, 1 Crail Row, Walworth, SE17 1AD

Like the radio show of its namesake, come with a song in mind and why it's meaningful to you, or just listen and enjoy the tunes! No need to bring any records/CDs with you, just the name of the song and artist. **This month's theme is 'Female Voices'**. Olivia will be running this club. Please call us on 0207 118 0404 to let us know if you would like to attend.

Train: Elephant and Castle (take the 136/343 to Balfour Street)

Bus: 136, 343 (get off at Balfour Street).

Call us on 0207 118 0404 for more information.

**Wednesday 25th March 2-3:30pm: Streatham Stories – Streatham Hill
Streatham Space Project, Sternhold Ave, Streatham, London SW2 4PA**

Join your neighbours for an afternoon of chitter-chat and a cuppa and share some stories at our new Streatham venue. You'll have the chance to discuss ice breaker questions and engage in thought provoking conversation with your local neighbours. Olivia will be running this club. Please call us on 0207 118 0404 to let us know if you would like to attend.

Train: Streatham Hill

Bus: 109, 118, 133, 159, 250, 333, 417, P13 to Streatham Hill Station

Wednesday 25th March, 6-7:30pm: Choir - Peckham

St James Church Hall, 45 Elm Grove, SE15 5DD

Join your neighbours for a joyful evening of singing, with no experience necessary! **Please note**, when you arrive, walk through the small gate to the left of the church on Elm Grove and look out for the door with a big shell above it – we'll be there. Enoch will be running this club. Please call us on 0207 118 0404 to let us know if you would like to attend.

Train: Peckham Rye

Bus: 12, 37, 63, 78, 197, 343, 363, P12, P13 (get off at Peckham Rye station – 3-minute walk) or 36, 136, 171, 345, 346 (get off at Peckham Library, 7-minute walk)

Thursday 26th March, 6-7:30pm: Creative Writing Club – Clapham

The Hub, Lambeth College, Clapham Centre, 45 Clapham Common South Side, London SW4 9BL

Explore poetry, short story writing and find your voice at our Creative Writing club. Absolutely no writing experience is necessary! Volunteer Kat, and Enoch, will be running this club. Please call us on 0207 118 0404 to let us know if you would like to attend, as spaces are limited.

Train: Clapham Common

Bus: 50, 155, 249, 690 (get off at Clapham Common) 322

Sign in at reception and then walk through the glass gates. Follow the corridor until you see the South London Cares sign.

Call us on 0207 118 0404 for more information.

Friday 27th March, 12-2pm: Winter Wrap Up – Camberwell

Harry Caddick Centre, 63 Lilford Road, Camberwell, SE5 9HN

Join your neighbours to meet some of the fantastic organisations in Southwark and Lambeth who can help you stay warm, active and connected during the coldest months of the year. There will be lots of information, games, food and fun! Matt will be running this club. Please call us on 0207 118 0404 to let us know if you would like to attend.

Bus: 35, 45, 345 (get off at Lilford Road)

Monday 30th March, 4-6pm: Men's Pub Club – Camberwell

The Tiger, 18 Camberwell Green, Camberwell, SE5 7AA

Men of south London, join your younger neighbours for our **men's social club** at The Tiger pub in Camberwell. Spend an afternoon sharing a chat & a laugh over a free drink. Enoch will be running this club. Please call us on 0207 118 0404 to let us know if you would like to attend.

Bus: 12, 35, 40, 42, 45, 171, 176, 185, 436, 36, 345, 484 (get off at Camberwell Green)

Call us on 0207 118 0404 for more information.