



## SOUTH LONDON CARES

### #AllTogether July 2022: Weekly Activities

**Week 1** 1st July marks the first day of Plastic Free July, a global movement that helps millions of people be part of the solution to plastic pollution – so we can have cleaner streets, oceans, and beautiful communities. Join others this month in cutting down on single use plastic.

**Task:** Take a moment to think about your purchases. Lots of shops now sell loose fruit and vegetables or allow you to refill your own containers. If you can, try switching to refilling or buying products packaged in glass, cardboard or even better loose, minimising your plastic usage. Or why not go one further and repurpose plastic packaging into something else – here's some inspiration in the image below.



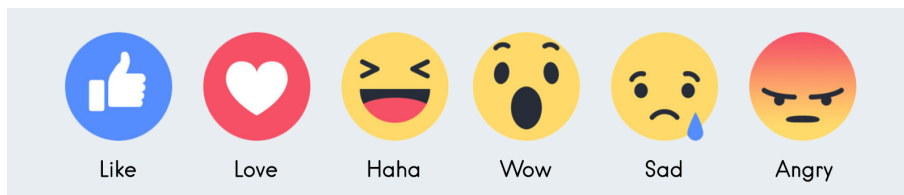
**Week 2** On 17th July 1955, Disneyland opened its doors for the first time. The popular theme park (“The Happiest Place on Earth”) was opened by Walt Disney in Anaheim, California. It is the only theme park designed and built to completion under the direct supervision of Walt Disney.

**Task:** Think back to a favourite childhood memory – perhaps an amazing family holiday, or a great day out with a best friend. What were you doing and who were you with? What was your favourite part?

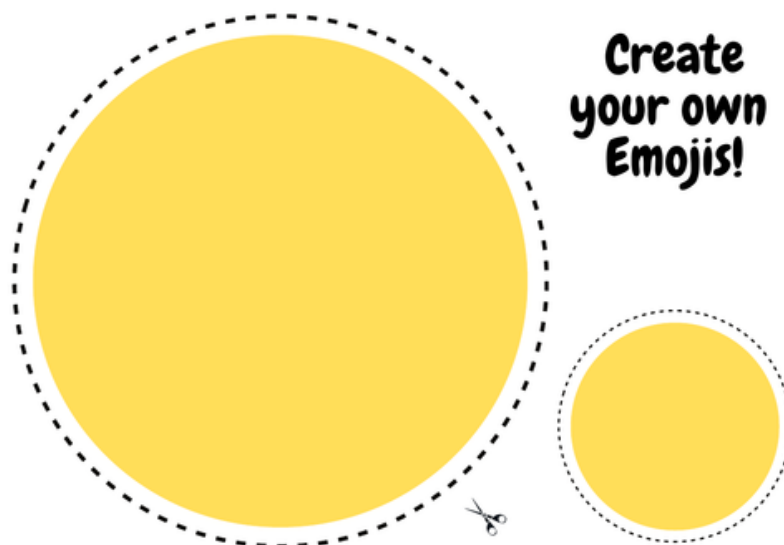
**Week 3** International Friendship Day on the 30th July was created with the idea that friendship between peoples, countries, cultures and individuals can inspire peace efforts and build bridges between communities. We think coming together is a great idea - it's not very often that a 28 year old marketing manager chats away to a 87 year old retired nurse, but that's what we do here at South London Cares!

**Task:** Call up one of your friends or family and have a good chat with them over the phone. Even better if it's someone you haven't spoken to for a while. You don't need a reason to call someone – sometimes it can just be to let them know you were thinking of them or you just fancied a gab.

**Week 4** Sunday 17th July is International Emoji Day. For those of you who aren't as familiar with smartphones and computers, an emoji is a picture, logo or smiley used in text and electronic messages. Emojis like the ones pictured below are used to convey emotions or feelings.



**Task:** Describe how you feel today in emoji form by designing your own emoji below.



## SUMMER WORD SEARCH

b o i b q g f p z f y s s g s

barbecue

k a c c m v i p d l v u l a u

beach

h d r w e c l e d o g n a r n

birdsong

g o k b n c n m b w f c d d g

butterfly

b e l i e i r m m e p r n e l

flower

k j c i h c a e t r e e a n a

garden

n f e s d g u p a s y a s z s

holiday

j p n f q a e e b m v m k u s

hot

c u y u u o y w a z z w i g e

icecream

s w i m i b e a c h y o p k s

lolly

f w v q v e h x l a g m o s d

picnic

b i r d s o n g l b b j o d v

play

y h o t j e t p u u n w l f r

pool

l o l l y m y l f r e t t u b

sandals

s u n h a t l s h o r t s g n

shorts

suncream

sunglasses

sunhat

sunshine

swim