



SOUTH LONDON CARES

#AllTogether March 2022: Weekly Activities

Week 1 Tuesday 8th March 2022 is International Women's Day. It is a global day celebrating the social, economic, cultural and political achievements of women. The day also marks a call to action for accelerating women's equality. This year's theme is 'Choosing to Challenge' and asks all of us to choose to call out inequality when we see it, and to seek out and celebrate the achievements of women.

Task: Think about the significant women in your life, whether it's a friend, a family member, or even a public figure. What have they achieved that you can choose to celebrate today? How have they inspired and impacted your life? Write a letter of appreciation to them and if you're feeling bold, send it to them in the post to put a big smile on their face.

Week 2 Holi Festival is a Hindu Festival celebrated on the 18th of March. The festival celebrates spring, love, new life and the triumph of good over evil. Some families hold religious ceremonies, but for many Holi is more of a time for fun. It's a colourful festival, with dancing, singing and celebrating. It's also known as the "festival of colours," as on the second day of the festival people young and old gather in the streets to cover each other in colour.

Task: Can you bring some more colour into your life? Do you have a bright shirt or blouse you can wear? Or do you have any bright pictures or tablecloths you could bring out to brighten up your home for the celebration?

Week 3 Saint Patrick's Day, or the Feast of Saint Patrick, is a cultural and religious celebration held on 17 March, the traditional death date of Saint Patrick, the foremost patron saint of Ireland.

Task: See how many words you can find in our St Patrick's Day word search.

St. Patrick's Day Word Search

Instructions: Try to find all of the hidden St. Patrick's Day words in the word search puzzle below.

(Words can be spelled forwards, backwards, diagonally, up, or down.)

S	M	C	N	E	V	M	Q	L	A	S	K	G	P	E	I	G	Y	Q	L	B	V	Q	W	B
I	A	D	M	T	K	Y	N	V	U	Z	E	O	H	F	R	C	C	C	U	H	W	I	B	U
V	W	X	L	U	E	Y	Z	D	G	L	I	M	E	R	I	C	K	C	S	S	N	F	S	
B	A	H	O	Z	E	O	X	R	N	O	A	M	T	S	E	D	F	G	K	H	C	L	E	H
N	A	C	N	S	O	D	Z	P	V	L	B	I	M	K	I	K	Z	Z	Y	N	A	V	J	J
Y	I	R	E	K	A	R	T	Y	S	D	X	Z	A	R	Q	O	C	I	T	L	E	C	R	J
K	H	A	D	F	O	O	D	A	P	Q	C	G	W	C	D	G	O	A	H	N	R	Y	P	A
I	L	M	O	W	M	E	D	W	R	I	N	Y	K	A	E	Y	D	X	T	K	U	J	P	U
G	L	Y	Z	P	R	T	T	J	I	A	M	C	N	S	D	R	B	E	H	E	K	O	M	V
M	D	L	O	P	W	D	B	G	N	W	N	C	U	B	K	M	E	J	G	S	V	B	Y	M
A	G	E	B	J	V	F	N	Z	G	Y	I	J	B	C	L	N	B	W	T	G	E	Z	M	E
Q	M	R	D	X	E	W	N	Y	J	N	Q	T	V	U	T	A	C	O	H	A	Z	V	N	D
S	R	V	E	M	T	P	C	B	G	C	I	R	E	H	W	A	N	X	D	D	W	Q	F	Z
G	V	R	X	R	S	Y	L	T	V	A	E	I	B	T	K	E	W	F	S	L	G	J	Y	T
B	E	U	M	S	P	Z	C	S	C	B	Q	L	G	Q	L	A	W	H	M	A	R	Z	P	K
Z	M	E	T	E	R	P	S	K	C	O	R	M	A	H	S	S	U	G	H	R	Z	M	U	D
P	A	R	T	Y	M	C	K	W	M	I	R	E	L	A	N	D	B	F	R	D	N	J	O	H
O	Q	A	A	O	V	T	A	M	R	H	Z	X	F	Q	B	Y	P	L	P	L	L	K	W	H

Word List

CELTIC	LIMERICK	SEVENTEENTH
DANCING	LUCKY	SHAMROCKS
FOOD	MARCH	SPRING
GOLD	PARTY	STONE
IRELAND	POEMS	WISH

Week 4 On the 27th of March, the 94th Academy awards, also known as the Oscars, is set to take place at the Dolby Theatre in Hollywood. It is regarded by many as the most prestigious and significant awards in the entertainment industry worldwide.

Task: Here's a 60s film quiz to test your knowledge on film trivia (answers found on the last page):

1. Which film won the Oscar for Best Picture in 1960?
2. Which actor won the Oscar for Best Actor for his role in the 1962 film *To Kill a Mockingbird*?
3. Which film was the highest grossing release of 1963, yet still lost money because it was one of the most expensive films ever made?
4. Who played the role of Norman Bates in the 1960 horror movie, *Psycho*?
5. What was the name of Butch Cassidy's gang in *Butch Cassidy and the Sundance Kid*?
6. What type of airplane appears in *Dr. Strangelove*?
7. Who landed at 17 Cherry Tree Lane in a well-known Walt Disney movie from 1964?
8. What famous actor starred in *Lilies of the Field* and *Guess Who's Coming to Dinner*?
9. *Easy Rider* starred Peter Fonda, Jack Nicholson and Dennis Hopper. Which one directed the movie?
10. What 1968 movie co-starred a computer named H.A.L.?

Bonus Activity In 2022, the spring equinox occurs on Sunday 20th March. This event marks the astronomical first day of spring in the Northern Hemisphere. The word *equinox* comes from the Latin words for “equal night”—*aequus* (equal) and *nox* (night). On the equinox, the length of day and night is nearly equal in all parts of the world. With the equinox, enjoy the increasing sunlight hours, with earlier dawns and later sunsets.

Task: Sit down and get comfortable with a piece of paper and a pen or pencil. Take a minute to imagine your perfect Spring scene. Is it sunny or are there some showers? Could there be a rainbow? Are you just enjoying nature, or are you doing an activity, like fishing or having a picnic? Are there other people around? Are there baby animals coming out to play or is it just you enjoying the Spring air? What kinds of flowers do you like to see? Draw your perfect Spring scene.

Green Activity The 18th of March this year is also Global Recycling Day! Did you know that instead of throwing household items out, you can upcycle them for new purposes around the house? For example, you can use an old shoe box to store your important documents and letters, or keeping spare plastic bags in an old tissue box – there are so many opportunities to reuse and recycle at home!

Task: Think about the different household items you have that could be upcycled for something new and then do it! Here are some ideas:

- Use old shoe boxes to store documents and letters
- Keep spare plastic bags in an old tissue box
- Wrap and store valuables in old newspaper
- Clean out washing up liquid bottles and use them to water plants
- Cut an old t shirt into a dusting rag
- Use old clothespins to seal food wrappers to keep your favourite snacks fresh

Let us know if you have any great tips to share with your neighbours on how to repurpose household waste

Oscars quiz answers:

1) The Apartment, 2) Gregory Peck, 3) Cleopatra, 4) Anthony Perkins, 5) Hole in the Wall Gang, 6) Boeing B-52 7) Mary Poppins, 8) Sidney Poitier, 9) Dennis Hopper, 10) 2001: A Space Odyssey.

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