

### December 2018

Below is a list of our **free** Social Clubs in Southwark and Lambeth for people aged 65 and above. All our events are hosted by young people who want to meet you and hear your stories. Share your skills and learn new ones, all while making new friends in your community!

#### Saturday 1<sup>st</sup> December, 11am-1pm: Festive Games - Brixton Moorlands Community Centre, 50a Corry Drive, SW9 8QT

Kickstart December with some festive fun and join your neighbours for a morning of seasonal parlour games. Laugh your way to victory over a cup of tea and some jolly conversation. Emily will be running this club. Please call 0207 118 0404 to let us know you're coming.

Bus: P5, get off at Loughborough Park/Elvenden House, just off Somerleyton Road next to Coldharbour Lane. Head down the pathway with the Corry Drive sign. The venue is a 1-minute walk straight ahead, next to a small shop.

#### Tuesday 4<sup>th</sup> December, 6-8pm: Pub Club – Kennington The Old Red Lion, 42 Kennington Park Road, SE11 4RS

Come on in from the cold weather and cosy up with a refreshing free drink at our monthly pub club. Swap stories and jokes with your pals and raise a glass to new friendships. Emily will be running this club. Please let us know if you'd like to attend on 0207 118 0404, as places are limited.

#### Train: Kennington (2 minute walk)

Bus: 133, 415, 333, 155 (get off at Penton Place)

### Wednesday 5<sup>th</sup> December, 10.30am-12pm: Ballroom & Latin Dancing – West Norwood, *The British Home, Crown Lane, SW16 3JB*

Start your morning the right way by finessing your ballroom and Latin steps with Vera the Diva. Expect some light exercise, plenty of fun and some snazzy new moves to show your pals. People of all abilities are welcome, absolutely no experience necessary! Olivia will be running this club. Call us on 0207 118 0404 to let us know you're attending. **Bus: 417, 249, 468, 196 (get off at Crown Lane or Crown Point) Please note**, you'll need to enter via the large door at the front of the building.

#### Thursday 6<sup>th</sup> December, 6-8pm: Film Club – Elephant & Castle Draper Hall, 1 Howell Walk, SE1 6TL

Join us for our festive film club in Elephant and Castle to watch *Nativity!* In this delightful comedy a primary school teacher is given the task of directing the school's Nativity play, competing against a rival school for the best show in town. Emily is running this club. Please call us on 0207 118 0404 to tell us you're coming.

#### Train: Elephant & Castle

Bus: 133, 155, 196, 333, 415 (get off at Newington Butts). Look out for the black gate on Hampton Street (next to the Santander Bike stands), on the junction with Newington Butts.

### Friday 7<sup>th</sup> December, 11.30am-2.30pm: Ladies' Pamper Day Business Visit – Clapham

Be treated by the wonderful employees of this boutique cosmetics brand in Clapham for a luxury pampering session, office tour and very special afternoon tea! Olivia is running this club. Space is limited so **please call 0207 118 0404 to put your name in our lottery.** We'll be drawing names at random on Monday 3<sup>rd</sup> December, so if you don't hear from us, unfortunately you will not have secured a place. **Bus: 77,87, 452 (get off at The Chase Clapham)** 

#### Sunday 9<sup>th</sup> December, 2-5pm: Film Club – Bermondsey The Yalding Centre (AgeUK), 95 Southwark Park Road, SE16 3TY

Come along to our Bermondsey film club and join your neighbours to watch the classic winter warmer, *Love Actually.* An uplifting romantic comedy following nine intertwined lives and examining the complexities of the one emotion that connects us all: love. Emily will be running this club. Please call us on 0207 118 0404 to let us know you're attending.

#### Train: Bermondsey (15 minute walk)

Bus: 1 (get off at Harris Academy/ Reverdy Road)

#### Monday 10<sup>th</sup> December, 2.30-4.30pm: Technology Workshop – Southwark, *John Marshall Hall, Christ Church Southwark, 27 Blackfriars Road, SE1 8NY*

Want to improve your confidence with your phone or laptop? Come along for a cuppa and bring your gadgets and technology-related questions with you! Olivia will be running this club. Please call us on 0207 118 0404 to let us know you would like to come. **Train: Southwark** 

Bus: 45, 338, 63 (get off at Stamford Street) Look out for a red brick church, and head down the left-hand side for the church hall entrance.

#### Tuesday 11<sup>th</sup> December, 9am-11.30am: Carol Concert – Clapham Holy Trinity Clapham, Clapham Common North Side, London, SW4 0QZ

Join your neighbours and some lovely children from a local Clapham Primary School for their Christmas carol concert. Spend the morning listening to some fantastic festive classics whilst enjoying a mince pie (or two!) Charlie will be running this club. Please call 0207 118 0404 to tell us you're coming.

Train: Clapham Common (4 minute walk) Bus: 35, 37, 88, 137, 322, 345, 417 (get off at Clapham Common)

#### Tuesday 11<sup>th</sup> December, 6:30-8pm: Desert Island Discs – Walworth *Darwin Court, 1 Crail Row, Walworth, SE17 1AD*

Like the radio show of its namesake, come with a song in mind and why it's meaningful to you, or just listen, dance and enjoy the atmosphere! No need to bring any records/CDs with you, just the name of the song and artist. **This month's theme is 'Festive Tunes!'** Olivia will be running this club. Please call 0207 118 0404 to tell us you're coming. **Train: Elephant and Castle (take the 136/343 to Balfour Street) Bus: 136, 343 (get off at Balfour Street)**.

### Wednesday 12<sup>th</sup> December, 12.15-2.15pm: Heineken Christmas Dinner – Brixton

Pull up a chair and enjoy a delicious three course dinner with all trimmings alongside the friendly staff of Heineken. Olivia will be running this club. Spaces are limited so **please call 0207 118 0404 to put your name in the lottery.** We'll draw names at random on Tuesday 4<sup>th</sup> December, so if you don't hear from us on that day, unfortunately you won't have a place. *Please note we will be taking food orders in advance.* **Train: Brixton** 

Bus: 59, 133, 159, 333 (Get off at Blenheim Gardens)

#### Wednesday 12<sup>th</sup> December, 6-7.30pm: Choir – Peckham *St James Church Hall, 45 Elm Grove, SE15 5DD*

Join your neighbours for a night of festive songs, with no singing experience necessary! **Please note**, when you arrive walk through the small gate to the left of the church on Elm Grove and look out for the door with a big shell above it – we'll be in there! Volunteer Organiser Amita will be running this club. Call 0207 118 0404 to tell us you're coming. **Train: Peckham Rye** 

Bus: 12, 37, 63, 78, 197, 343, 363, P12, P13 (get off at Peckham Rye station – 3minute walk) or 36, 136, 171, 345, 346 (get off at Peckham Library, 7 minute walk)

## Thursday 13<sup>th</sup> December, 2-4pm: Christmas Party Business Visit – Westminster

Join the wonderful staff of this communications company and learn about their work in public affairs at this special Christmas Party in the heart of Westminster. Expect food, games and plenty of merriment! Charlie will be running this club. Spaces are limited to **please call 0207 118 0404 to put your name in the lottery.** We'll draw names at random on Wednesday 5<sup>th</sup> December, so if you don't hear from us on that day, unfortunately you won't have a place.

#### Train: St James Park

Bus: 12, 53, 88, 159, 453

### Thursday 13<sup>th</sup> December, 6-8pm: Christmas Crafts – Stockwell Stockwell Centre, 1 Studley Road, SW4 6RA

Join your Stockwell neighbours for a decadent cup of hot chocolate and some warming Christmas Crafts. Decorate your own gingerbread men, create your own Christmas cards and help us make some South London Cares Christmas bunting for our Winter Party! Emily will be running this club. Please call 0207 118 0404 to let us know you're coming **Train: Stockwell** 

Bus: 2, 50, 155, 196, 333, 345, 88, P5 (get off at Stockwell station).

### Saturday 15<sup>th</sup> December, 1pm-3.15pm: South London Cares Winter Party – Walworth

#### Pembroke House, 80 Tatum Street, SE17 1QR

It's the most wonderful time of the year - the South London Cares Winter Party! Come along in your finest festive themed dress (prizes for the best outfits!) to celebrate the season of good will. Expect dancing, music, entertainment and a jolly good time! Please bring a dish if you can. Emily & Olivia will be running this club. Please call us on 0207 118 0404 to let us know you're coming.

#### Train: Elephant & Castle (then get 136/343 to East Street) Bus: 363, 53, 453, 168 or 172 (get off at Old Kent Road / East Street)

### Monday 17<sup>th</sup> November, 6.15-7.45pm: Script Reading – Camberwell *Camberwell Library, 48 Camberwell Green, SE5 7AL*

Try out your acting skills at our script reading club in Camberwell. This month we'll be reading *A Christmas Carol*, Dickens' classic tale of the miserly Scrooge. Take part in the play reading or just sit back and enjoy the story! Emily will be running this club. Please call 0207 118 0404 to let us know you'd like to attend.

### Bus: 12, 35, 40, 42, 45, 171, 176, 185, 436, 36, 345, 484 (get off at Camberwell Green).

#### Tuesday 18<sup>th</sup> November, 6.30-8pm: Snow Ball Swing Dance – Old Kent Road

#### St. Philip's Church Hall, Avondale Square, SE1 5PD

Our last social club of the year will have you up on your feet, learning some classic swing steps with a professional! Don your best 1950s clobber and get grooving, or just sit back and enjoy the music. Emily will be running this club. Please call 0207 118 0404 to let us know you'd like to attend.

Bus: 21, 53, 78, 172, 453 (get off at Malt Street, go down Avondale Square and look for the building next to the church with a large red cross).

#### All events are free to attend and are accompanied by light refreshments. South

London Cares is a community network connecting young professionals in their 20s and 30s with their older neighbours, aged over 65, for interaction and friendship.



South London Cares is a local charity working across Southwark and Lambeth. We connect young professionals and their older neighbours so that Londoners of all ages feel better connected to the changing world around them.

# WINTER WELLBEING

IF YOU'RE OVER 65, WE CAN HELP YOU STAY WARM, ACTIVE, HEALTHY AND CONNECTED DURING THE WINTER

FROM OCTOBER TO FEBRUARY WE CAN:

- Deliver blankets or warm clothing to your door.
- Connect you to partners who will help keep your homes warm and safe, provide benefits advice, and help reduce bills.
- Connect you to brilliant free social activities in your area.
- Arrange small grants for people in difficult circumstances who are struggling to keep their homes warm.



#### TO FIND OUT MORE GET IN TOUCH WITH OUR TEAM:

Call 0207 118 0404 or 07710 777 233 Email elyssa.kill@southlondoncares.org.uk or visit www.southlondoncares.org.uk

Throughout the year South London Cares runs free social clubs and one-to-one friendship matches across Southwark and Lambeth.

South London Cares is a UK registered company, number 8757344 and a UK registered charity, number 1157401.



Call us on 0207 118 0404 for more information.